

PLANET COEXIST

THE C.A.R.E. GATHERING

Day of Learning: Saturday, February 18th

***** Course Descriptions & Presenter Bios *****

7:00 – 8:00am

The Peace Everyday Initiative

World Peace - the healing of the world - is achieved through a very simple principle: We Create Peace By Being Peace. It is this universal truth that has inspired the Peace Every Day Initiative, a global, collective, daily, meditation of peace. The purpose and vision is to unite a critical mass of people to meditate/pray by becoming the vibration of peace for 40 minutes or more each day whenever you can, best with a group of people, or alone. This powerful thought-form of peace is enough to shift the global consciousness so that we may fully celebrate peace on earth!

In order that we may usher in the reign of peace, the Peace Every Day Initiative asks that each person, and especially each group, who feels deeply connected to the process of peace on earth to make a commitment for a minimum of four years to be peace by meditating or praying for 40 minutes or more each day, 5-7 days per week.

For more information, please visit: www.peaceeveryday.org

Presenter: **Michael Bedar**

Michael Bedar is the Peace Assistant of the Peace Every Day Initiative. Media Relations for the Tree of Life Rejuvenation Center, Essene Order of Light, and College of Living Arts. Founder-Director of Environmental Productions. Co-Creator of the film with the working title: "Raw Food Me." B.S. Environmental Interactions, 2001, University of California, San Diego.

8:00 – 11:00am

Exploring Consciousness

- I. Introduction – The evolution of life from creativity to matter, to consciousness.
- II. Holon-Hierarchy-Holarchy
- III. Spectrum-Rainbow of Consciousness
- IV. Conclusions, Questions, Answers, Discussion

Presenter: **Ron Sanders**

9:30 – 11:00am

An Experiential Look at the Phenomena of Meditative Absorption

Understanding the religious experience of gnosis within a multicultural context. In this workshop we will examine how various mystics expressed their religious experiences. The mystics examined will be Siddhartha Gotama, Patanjali and Theresa of Avila.

Presenter: **Jhanananda (Jeff) Brooks**

Jeffrey S. Brooks is the founder of the Great Western Vehicle, an ecumenical contemplative tradition that is informed by the mystics, such as Siddhartha Gotama, Patanjali and Theresa of Avila. He has constructed a website for the understanding of gnosis and the study of early Asian contemplative literature. He holds degrees in fine art creative writing and anthropology. He has maintained a daily meditation practice for over 30 years and has been exploring the concepts of gnosis in as many religious traditions as he can find. He is in the last months of a 3 year retreat and just spent almost 8 months in the National Forest as part of that retreat.

<http://www.greatwesternvehicle.org/index.html>

9:30 – 11:00am

Do you Didjeridoo? Would you like to?

Now is the time to feel what you have been missing. From the basic drone to simple rhythms. A look at the history and uses for this incredible tool for your journey!

Presenter: **Jeremy Johnson**

Jeremy Johnson A Native of Arizona. I have been blessed to have this instrument in my life for five years. Allan Shockley - the local didj master – first introduced me. I have had many teachers along the way and feel the best approach is to give more than one way to think about or do something. Every person and every didj has subtle differences, not

all will learn the same thing by the same means. Please bring pen and paper as we will cover a good bit of information, this will assist you in recalling later. I will give info on sound therapy as well, using sound and intention to heal yourself and others.

1:30 – 3:00pm

Compassion – Beyond Enlightenment... Sunscreen?

It's a Mystery!

Presenter: **Malkitzedek U. Meirasheit**

Who am I?

3:00 – 4:45pm

Introduction to Practical Qabalah (Saturday, 3:00-4:45pm)

This course will climb through the framework of the Tree of Life, it's Correspondences and the Four Worlds. Once we have swung from the basic limbs of this Tree, we will pick from its fruit and explore some practical meditations for Temple Openings, Self Protection, and other various treats. Come taste the fruit.

Presenter: **Gillian Lee**

Gillian Lee is a traveler from Great Britain, studying and practicing Qabalah in England since 1973. The method I was taught and teach is of a practical nature - the aim is to get to know oneself and to get to know the Universe, and to begin to see how the two fit together. In the course of this "gifts" appear as one travels the path, and so this is very much a path of transformation. More information can be found on my web site at www.remedydevices.com - please enjoy my gifts of devices & subtle energy.

3:15 – 5:00pm

The Song of God

Explore the sacred wisdom of one of the great ancient stories and teaching - the Bhagavad Gita.

Presenter: **Rama Bhakti**

Rama Bhakti is a Gyaudia-Vaishnava Hindu nun currently living in Tucson at the Chaitanya Cultural Center.

4:15 - 6:15pm

Maya Yoga

Experiential applications of new time. Explore the tzolking and the 20 Universal Mayan light frequencies through sound and movement. Infuse your body and spirit with new understanding.

Presenters: **Tanya Luna & Athene**

Tanya Luna has spent many a moon running through the moonlit jungles, awed by the beauty of the Great Mother and the awesome wisdom which underlies this whole world of Maya. She hopes to transmit at least a smidgeon of that awe, that love, zest, passion...

Athene... Dreamer, didjerideva, child of nature and sacred alchemy.

5:00 – 6:00pm

Expanding Consciousness & Love Through Chocolate

What is Chocolate? Why is it so popular in this world? What are its mystical powers, and how can they be used to expand consciousness and open our hearts? These questions and more will be answered through a short lecture on cacao, its history, its medicinal uses, and most of all, its use for expanding spiritual awareness. Followed by the lecture will be a cooking class, where chef Joshua will show you how to prepare your own beautiful, heart opening chocolate at home.

Presenter: **Joshua Vermont**

Joshua has been a spiritual chocolate alchemist since he started working at the Tree of Life Rejuvenation Center, where he works as a head chef. Through time, patience, and God's grace, he has been blessed with sharing raw chocolate and it's myriad benefits with the entire world.

Unscheduled Class

Anusara Yoga

Ilana has been practicing yoga for ten years. Her passion and teaching centers on Anusara Yoga- a form of Hatha Yoga that emphasizes opening one's heart to the present moment. Through this practice students learn postural alignment, gain strength and flexibility and experience a greater sense of peace and balance.